

# How to use Matched Grip

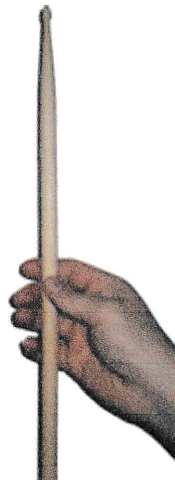
The main type of stick grip is the Matched Grip style.



This has become the standard grip for most styles of music. Matched grip is basically having both hands the same when holding the sticks – meaning both left and right hands are matched. There are a few ways to hold the sticks with matched grip, let me explain them.

**Germanian Grip** - The Germanian grip is very common for rock drumming and corps drumming. It involves you holding your stick at the fulcrum point (balance point) with your thumb and index finger, placing your other fingers on the bottom of the stick. What makes this grip different is the angle in which you play your sticks. Place your sticks on the snare drum, and try to make a 90 degree angle with them. When you find this angle, you will notice your elbows may stick out a little, which is normal.

**American Grip** - The American grip is the same as the Germanian grip; however you are changing the angle of your sticks. Instead of having your elbows out and your sticks at a 90 degree angle, relax a little, and let your arms fall. You will notice your sticks come in a little, cutting your angle down to 45 degrees or so. This is the most common style of drumming, mainly because it feels the most comfortable.



**French Grip** - The French grip is different to both American and Germanian. Let your arms relax even more, and bring